IACES 2015 - MADRID
INTERNATIONAL ADVANCED COURSE ON ELBOW SURGERY

CHAIRMEN: S.ANTUÑA (SPAIN) R.BARCO (SPAIN)

SCIENTIFIC COMMITTEE: David Stanley (UK) - Pierre Mansat (France) - Joaquín Sanchez Sotelo (USA)

21st-22nd-23rd MAY 2015 / MADRID - SPAIN


EXPLORING NEW FRONTIERS IN ELBOW ARTHROSCOPY
Dear Friends

After the rewarding positive feedback of the 2013 International Advanced Course on Elbow Surgery, we are getting ready for the Madrid IACES 2015 that will be held on May, 21, 22 and 23, 2015.

We will cover again the whole spectrum on elbow pathology in a very organized and didactic way. New knowledge on specific topics will be incorporated so the most updated information will be delivered by some of the most internationally recognized elbow surgeons of the world.

Delegates will have the chance of presenting their cases and there will be a significant amount of time devoted to discussion.

Elbow arthroscopy will be the “star topic” in this Edition, with exciting presentations on the most advanced arthroscopic techniques for trauma, arthritis and instability.

Have a look at the Faculty Panel and you will immediately understand why you cannot miss the dates.

We look forward to welcoming you to Madrid in May 2015!!

GENERAL INFORMATION

VENUE /
MELIÁ CASTILLA HOTEL
Calle Capitán Haya, 43
28020 – Madrid
http://www.meliacastilla.com

REGISTRATION FEES/
BEFORE January 30th
Standard 550€
Trainee 300€
AFTER January 30th
Standard 700€
Trainee 450€
VAT Included

ACCOMODATION /
MELIÁ CASTILLA HOTEL
Single room = 155€
Double room =175€
VAT and breakfast included

CONTACT /
TORRES PARDO
Calle Nápoles, 187 2º
08013 Barcelona
Tel +34 93 246 35 66
Fax +34 93 231 79 72
E-mail: maro@torrespardo.com
I. Acute Trauma to the Elbow

7:30  Welcome

THE BASICS
L. Adolfsson & J. De las Heras

7:45 - 7:55  Things I shouldn’t miss in the clinical exam of the injured elbow
L. Obert

7:55 - 8:05  When do I need an X-Ray, a CT scan or an MRI in the acute setting?
F. Sirveaux

8:05 - 8:20  Best surgical approaches to fix an elbow fracture
R. Barco

8:20 - 8:30  Discussion

8:30 - 8:40  Plating for column fractures: Parallel, perpendicular or both?
L. Adolfsson

8:40 - 8:50  Coronal plane fractures: Beware of the simple capitellum
A. Marinelli

8:50 - 9:00  The role of elbow arthroplasty in distal humerus fractures
D. Stanley

9:00 - 9:15  Discussion

9:15 - 9:45  Coffee break: Chat with experts

DISTAL HUMERUS FRACTURES
J. Sanchez Sotelo & S. Antuña

9:45 - 9:55  Understanding elbow stability
A. Schneeberger

9:55 - 10:05  The fractured radial head: a guide towards the right decision
S. Antuña

10:05 - 10:15  Terrible triad: practical tricks to make it easy
A. Marinelli

10:15 - 10:25  Acute posteromedial varus instability: when to fix the coronoid
A. Foruria

10:25 - 10:35  Olecranon & Monteggia fractures
L. Obert

10:35 - 11:00  Discussion

RADIAL HEAD & PROXIMAL ULNA
G. King & R. Barco
### Thursday, May 21

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>11:00 - 11:10</td>
<td>Total elbow arthroplasty for an acute fracture</td>
<td>S. Antuña</td>
</tr>
<tr>
<td>11:10 - 11:20</td>
<td>Step by step distal humerus fracture fixation</td>
<td>J. Sanchez Sotelo</td>
</tr>
<tr>
<td>11:20 - 11:30</td>
<td>Approaching the coronoid: from lateral and from medial</td>
<td>A. Schneeberger</td>
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<tr>
<td>11:30 - 11:40</td>
<td>Tips and tricks of radial head replacement</td>
<td>G. King</td>
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<tr>
<td>12:00 - 12:15</td>
<td>Discussion</td>
<td></td>
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<tr>
<td>12:15 - 1:00</td>
<td>ONE PROBLEM, ONE SOLUTION: BRING YOUR CASES</td>
<td>L. Obert &amp; D. Blonna</td>
</tr>
<tr>
<td>1:00 - 2:30</td>
<td>Lunch-Workshops (Industry sponsored)</td>
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<tr>
<td>2:30 - 2:40</td>
<td>Why this injured elbow became stiff?</td>
<td>J. Sanchez Sotelo</td>
</tr>
<tr>
<td>2:40 - 2:50</td>
<td>The joint is in good shape: open capsulectomy</td>
<td>P. Mansat</td>
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<tr>
<td>2:50 - 3:00</td>
<td>The joint is damaged: Distraction or interposition?</td>
<td>B.F. Morrey</td>
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<tr>
<td>3:00 - 3:10</td>
<td>Heterotopic ossification limiting motion</td>
<td>G. Marra</td>
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<tr>
<td>3:10 - 3:30</td>
<td>Discussion</td>
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**II. Trauma Sequelae**

**DEALING WITH COMPLICATIONS AFTER ELBOW FRACTURES**  
P. Mansat & A. Schneeberger

<table>
<thead>
<tr>
<th>Time</th>
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</table>
| 7:30 - 7:40 | Strategy for managing distal humerus nonunions: plate or prosthesis  
| D. Stanley     |                                                                                           |
| 7:40 - 7:50 | Osteotomy for deformity & instability in distal humerus malunions  
| B. Jost       |                                                                                           |
| 7:50 - 8:00 | Radial head fracture sequelae: nonunion & malunion  
| A. Foruria    |                                                                                           |
| 8:00 - 8:10 | Complications after radial head arthroplasty  
| G. King       |                                                                                           |
| 8:10 - 8:20 | Persistent elbow instability after terrible triad  
| R. Barco      |                                                                                           |
| 8:20 - 8:25 | Coffee break: Questions in the stands                                                   |

**III. The Elbow in Sports**

**NERVE AND SOFT TISSUE PROBLEMS**  
L. Obert & S. Antuña

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
</table>
| 9:15 - 9:25 | Dealing with the ulnar nerve in the posttraumatic elbow  
| D. Blonna     |                                                                                           |
| 9:25 - 9:35 | Soft tissue coverage around the elbow  
| E. Bravo    |                                                                                           |
| 9:35 - 9:45 | Discussion                                                                                |

**HOW I DO IT. RE-LIVE SURGERY**  
L. Adolfsson & P. Mansat

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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</table>
| 9:45 - 10:00 | Distal humerus nonunion: reconstruction and replacement  
| J. Sanchez Sotelo |                                                                                           |
| 10:00 - 10:10 | Knowing where the nerves are in elbow surgery  
| D. Blonna  |                                                                                           |

**CHRONIC TENDINOPATHIES & OVERUSE SYNDROMES**  
L. Perez Carro & A. Foruria

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
</table>
| 10:10 - 10:20 | Understanding lateral elbow pain  
| S. Antuña |                                                                                           |
| 10:20 - 10:30 | Evidence-based approach to elbow tendinopathies  
| F. Sirveaux |                                                                                           |
| 10:30 - 10:40 | Osteochondritis of the capitellum: how to optimize the outcome?  
| B. Savoie |                                                                                           |
| 10:40 - 11:00 | Chronic extension-overload syndrome: The elbow impingement  
| G. Marra |                                                                                           |
### IV. Degenerative Elbow

**WORK-UP**  
B. F. Morrey & G. Marra

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>11:10 - 11:20</td>
<td>Clinical assessment &amp; Indications of the rheumatoid elbow</td>
<td>D. Stanley</td>
</tr>
<tr>
<td>11:20 - 11:30</td>
<td>Primary osteoarthritis of the elbow: diagnosis and presentation</td>
<td>S. Antuña</td>
</tr>
<tr>
<td>11:30 - 11:40</td>
<td>Discussion</td>
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**CURRENT STATE OF ELBOW ARTHROPLASTY: PRINCIPLES & DESIGN & EVIDENCE**  
G. King & R. Barco

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<tbody>
<tr>
<td>11:40 - 11:50</td>
<td>The rationale of elbow arthroplasty: Type of implants</td>
<td>B.F. Morrey</td>
</tr>
<tr>
<td>11:50 - 12:00</td>
<td>The winner: Arthroplasty in rheumatoid elbows</td>
<td>P. Mansat</td>
</tr>
<tr>
<td>12:00 - 12:10</td>
<td>Pitfalls of arthroplasty in the posttraumatic elbow</td>
<td>A. Schneeberger</td>
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<tbody>
<tr>
<td>12:10 - 12:20</td>
<td>Hemiarthroplasty of the elbow: the new toy?</td>
<td>L. Adolfsson</td>
</tr>
<tr>
<td>12:20 - 12:45</td>
<td>Discussion</td>
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**DEALING WITH COMPLICATIONS AFTER ELBOW ARTHROPLASTY**  
B.F. Morrey & J. Sánchez Sotelo

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<tbody>
<tr>
<td>2:15 - 2:25</td>
<td>Periprosthetic fractures</td>
<td>G. King</td>
</tr>
<tr>
<td>2:25 - 2:35</td>
<td>Managing bone loss after aseptic loosening</td>
<td>B. Jost</td>
</tr>
<tr>
<td>2:35 - 2:45</td>
<td>Polyethylene wear and triceps insufficiency</td>
<td>G. Marra</td>
</tr>
<tr>
<td>2:45 - 2:55</td>
<td>It is infected!! What is next?</td>
<td>D. Stanley</td>
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<td>2:55 - 3:15</td>
<td>Discussion</td>
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**Rationale and indications of radiocapitellar arthroplasty**  
B.F. Morrey

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<tbody>
<tr>
<td>3:15 - 3:25</td>
<td>Grafting chronic distal biceps tears: tips and tricks</td>
<td>J. Sanchez Sotelo</td>
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<tr>
<td>3:25 - 3:35</td>
<td>Chronic Essex-Lopresti: from shortening to the one-bone forearm</td>
<td>B. Jost</td>
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<td>3:35 - 3:45</td>
<td>Discussion</td>
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**MISCELLANEOUS PROCEDURES AROUND THE ELBOW**  
G. Marra & P. Mansat

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<tr>
<td>4:00 - 4:10</td>
<td>Elbow replacement for arthritis</td>
<td>B.F. Morrey</td>
</tr>
<tr>
<td>4:10 - 4:20</td>
<td>Radiocapitellar arthroplasty</td>
<td>R. van Riet</td>
</tr>
<tr>
<td>4:20 - 4:45</td>
<td>ONE CASE BEFORE WE LEAVE!!</td>
<td>J. De la Cerda &amp; F. Sirveaux</td>
</tr>
</tbody>
</table>
V. Elbow Arthroscopy
The future seen from a keyhole

INTRODUCTION
S. Antuña & R. Barco

7:30 - 7:45
Portals and set-up:
Inside the normal elbow
P. Mansat

7:45 - 7:55
Evidence-based indications for elbow arthroscopy
G. King

ARTHROSCOPIC TREATMENT OF ELBOW TENDINOPATHIES
B. Savoie & A. Schneeberger

7:55 - 8:05
Arthroscopic treatment of chronic epicondylitis
L. Perez Carro

8:05 - 8:15
Endoscopically assisted distal biceps repair
R. van Riet

8:15 - 8:30
Discussion

ELBOW STIFFNESS
B. Jost & D. Blonna

8:30 - 8:45
Joint is preserved: step-by-step arthroscopic capsulectomy
R. Barco

8:45 - 9:00
Joint is involved: Osteocapsular arthroplasty
B. Savoie

9:00 - 9:20
Discussion

9:20 - 9:45
Coffee with experts

TIPS & TRICKS OF ARTHROSCOPIC FRACTURE TREATMENT
L. Pérez Carro & A. Marinelli

9:45 - 9:55
Radial head fixation: Is it worth it?
R. Barco

9:55 - 10:05
Capitellum fixation: Select the right one.
G. King

10:05 - 10:15
Coronoid fixation: is this innovation?
A. Foruria

10:15 - 10:25
Column fracture fixation: One step ahead
B. Savoie

10:25 - 10:45
Discussion

LIGAMENTOUS AND NERVE ISSUES
M. Demirhan & D. Stanley

10:45 - 10:55
Arthroscopic repair of acute ligament injuries
B. Savoie

10:55 - 11:05
Arthroscopic treatment of chronic lateral instability
R. van Riet

11:05 - 11:15
Endoscopic ulnar nerve release
S. Antuña

11:15 - 11:30
Discussion
RISKS AND COMPLICATIONS OF ELBOW ARTHROSCOPY
R. van Riet & B. Savoie

11:30-11:40 Incidence, type and severity of complications
M. Demirhan

11:40-11:50 Avoiding complications in elbow arthroscopy
L. Perez Carro

11:50-12:00 Discussion

12:00-12:30 LAST CHANCE... FOR YOU CASE!!
S. Antuña & Raúl Barco

12:30-12:50 The evolution and revolution of elbow surgery
B.F. Morrey

12:50-1:00 Closing remarks & adjourn